

Fun and plenty of adventure: The perfect summer for families

Hiking, water games and much more Families in the Holiday Region Hohe Salve will find the perfect break for everyone

Children can be left to their own devices or to others to look after. But you can also go on holiday together with them. Those looking for the perfect break for the whole family have come to the right place in the Holiday Region Hohe Salve. There are options aplenty for everyone to enjoy. And which let you bond. Small breaks, new impressions on the mountain, shared activities: The Holiday Region Hohe Salve is a paradise for real family holidays.

Adventure playgrounds of nature: The mountain adventure worlds

A restaurant that turns around? Swimming and splashing around up on the mountain? Even if nature on its own may be beautiful enough – children need to be enticed if you want to make alpinists out of hiking poopers one day. The [mountain adventure worlds](#) in the Holiday Region Hohe Salve and the Kitzbühel Alps are an effective means. Maybe start off with the gondola from Hopfgarten to the intermediate terminus and then to the lakes? The Hohe Salve reservoir is reached quickly, the platform for water games the first highlight. Further on to Salvensee Lake, the perfect setting for unpacking that brown-bag lunch, then it's just a short climb up to the summit restaurant. The "Umadum Stub'n" and the terrace revolve: The mountains pass by in rank and file while you enjoy tasty traditional Tyrolean treats. Definitely the best way to enjoy the 360° panoramic view, for which the Hohe Salve is known as the most scenic panoramic mountain in the Kitzbühel Alps. Then Austria's highest-located pilgrimage church awaits with its exciting history. Many an aristocrat let themselves be carried up to the house of worship, hoping for relief from various ailments. In the meantime, the offspring can let off steam at "Salvi's Kraxxl-Platzl" with a Salven-giant head that can be climbed, butterfly-seesaw and ground-level trampolines. The Hohe Salve is one of seven mountain adventure worlds that get children excited about the peakscape of the Kitzbühel Alps.

Tip: With the [Kitzbüheler Alpen Summer Card](#) 38 mountain cableways are included and thus all adventure worlds – such as the Witches' Water in Söll – easily accessible.

Let's head for Salvenaland

A swimming lake with a trampoline, heated pool and a kiddie pool with a play street: For water lovers these are the absolute highlights in Salvenaland leisure park near the mountain cableway in Hopfgarten. Maybe dry off and dress in between, dash down into the valley on the summer toboggan run or drive a few laps with the mini-cart? Youthful daredevils prove their skills on the inline-skating-course and let off steam playing handball, basketball, football or volleyball, while tennis players meet up on one of the five clay courts. Giant jumping pillows, climbing castle and a pendulum swing are further attractions in the park, in which adults prefer staying on the lounge and enjoy the view of the Hohe Salve and the surrounding mountains. Later, everyone meets up in Restaurant Michele again.

The "rITTERspielplatz" (Knights' Realm Playground) by the water lily pond.

It is private property and cannot be visited – Itter Castle, first mentioned in documents in 1241 and towering as a landmark above the village of the same name. But maybe it's better that way, so there's no limit to the imagination. Little damsels and knights can embark on an adventurous journey into times long gone on the "[rITTERspielplatz](#)" playground by the water lily pond. The big playcastle with slides, nets, climbing options and a suspension bridge takes centre stage here. In addition, there is balancing equipment, a castle ruin with a cave, swings and, of course, rocking horses. And so what was it like back then? Quizboards playfully impart facts and data about the castle as well as the village history. From the village square it's a leisurely five-minute walk to the "rITTERspielplatz" playground, which is located slightly above Itter and rewards visitors (adults at least) with wonderful views. Maybe go for a swim after?

The idyllically located [Itter outdoor pool](#) is nearby, admission is free with the guest card. Those who take the gondola lift from Itter up to Kleine Salve, however, can't do better than stopping off at [Café Salvista Stadl](#) right by the lower terminus. While mum and dad enjoy regional delicacies, children can let off steam at the lovingly designed low ropes course with an obstacle course and play hut.

Balancing act on the G'sundheitsbründl Walk

It's an interesting mix of fitness trail and power place chain – the G'sundheitsbründl Walk winding its way above Hopfgarten at the foot of Hohe Salve and offering wonderful views of the market town and all the way into the enchanted Kelchsau side valley. On the two-and-a-half-hour circular trail through the forest and across meadows, kids will have lots of fun balancing and testing the forest play equipment, taking a break every now and then on one of the scenic lookout benches. That was the original idea, too. Because the trail leads past power places that were known among the locals already before this term was coined. The G'sundheitsbründl Walk was set up back in 1907 by Hopfgarten beautification association at the time, and has been further developed since to keep up with the times. Even if it's not scientifically proven: A sip from the G'sundheitsbründl fountain is said to work wonders. That's what the fountain from which fresh springwater gushes is called. A centuries-old Swiss pine root vitalizes the water completely naturally.

Holiday Region Hohe Salve

The Holiday Region Hohe Salve links the town and countryside. Wörgl with 14,000 inhabitants, shopping facilities, restaurants and cafés is considered the gateway of the Kitzbühel Alps. The towns of Hopfgarten, Itter, Kelchsau, Angath, Angerberg, Mariastein and Kirchbichl each have their own charm – with rural structures and lots of romanticism in unspoiled nature, beautiful taverns and churches.

Time out for the car

The Kitzbühel Alps are pioneers in matters of mobility. The four holiday regions Hohe Salve, Brixental, St. Johann in Tirol and Pillerseetal have set new standards together with their mobility concept. Thus the Kitzbüheler Alpen Card (guest card) automatically also serves as a train and urban railway ticket for the local transport with frequent departures. On the 66 km route between Wörgl and Hochfilzen with its 18 stations, some 60 regional and urban trains run daily. Those who check in electronically before setting off on their holiday, enjoy free transport already when making their way here from Wörgl. Also included are the Regio and City buses of the holiday region Hohe Salve – and that not only in the near vicinity, but all the way across to Kitzbühel.

Summer activity program: From a yoga-session on the Kleine Salve to an adventurous donkey ride all the way to a day on the farm for the whole family. The region's summer activity program beckons daily with multifaceted options. Register online at www.hohe-salve.com or in the info offices of the Holiday Region Hohe Salve.