

# KAT Bike

All day long deep in the mountains in absolute peace, in the evenings surrounded by comfort and civilisation after a trip to the sauna and wellness area, in fresh clothes ready for dinner – pleasure biking and regional cuisine for three days on around 163 kilometers and up to 1,800 metres of altitude – this could be you, if you like. You can tackle the trail single-handedly, or take a luggage train to rest on your back and the daily luggage transportation at the back of your mind, but it's much more comfortable with light luggage. At selected 3 or 4 star hotels in the area, you can have your luggage transported from accommodation to accommodation.

What's more, with the Kitzbühel Alps Guest Card, you also get a return train journey to the starting point in Hopfgarten or Wörgl included.

The KAT Bike trail provides bike fans and mountain adventurers with a break from everyday life – a holiday from "computation". The multi-day mountain bike tour through the Kitzbühel Alps is split into 3 stages. There are 2 versions you can choose from. The KAT Bike E-njoy is designed for pleasure cyclists and E-mountain bikers. The KAT Bike Sport+ is particularly suited to sporty and athletic cyclists.

## Difficulty

Please take the suitable stage descriptions (E-njoy or Sport+) according to your level. These are divided into easy, medium-on difficult and indicated by colours. Stamina and technique are broken down into 5 difficulty levels.

## Luggage

Your luggage (1 piece of luggage up to a max. of 15 kg per person) will be transported from the start point to the destination. Please make sure you drop your luggage off at reception by 9 am at the latest. The luggage will be ready and waiting for you by 3 pm at the latest at the next accommodation.

## GPX

The mileage can vary depending on the GPX file. The distance measured from the official start/end point. GPX data can be downloaded on the interactive map [www.maps.kitzalps.com](http://www.maps.kitzalps.com).

## KAT Bike Sport+

163 km / approx. 3,500 metres in altitude / 3 stages

The KAT Bike Sport+ is particularly suited to sporty and athletic cyclists and leads from Hopfgarten via the Hohe Salve mountain towards Brixen im Thale. From there, the route continues over the Weißalm and the beautiful Aschau mountain trail on the Ehrenbachhöhe.

Via the longest single trail in Tirol – the Fleckalm-Trai or the easier Hahnenkamm-Trai, the route heads onto the final point of the stage – Oberndorf in Tirol. This is the second largest town in Tyrol with the same name to St. Johann in Tirol and from there via Waidering and the Pillersee towards the final destination of the tour in Fieberbrunn.

The last stage leads via St. Johann in Tirol to Kirchdorf in Tirol and via St. Ulrich am Pillersee to the tour destination in Fieberbrunn.



The starting point of the first KAT Bike E-njoy stage is the picturesque place of pilgrimage, Mariastein.



The second KAT Bike E-njoy stage starts at the Gasthaus Steinberg in Windautal valley in Westendorf.



The last KAT Bike E-njoy stage starts in Oberndorf in Tirol in the hamlet of Wiesenschwag.



## KAT BIKE MAP

Information and stages



Did you like it?

Then share it with your friends and family, to inspire other adventurers than happy campers.

Thanks and see you soon!

## KAT Bike E-njoy

163 km / approx. 3,500 metres in altitude / 3 stages

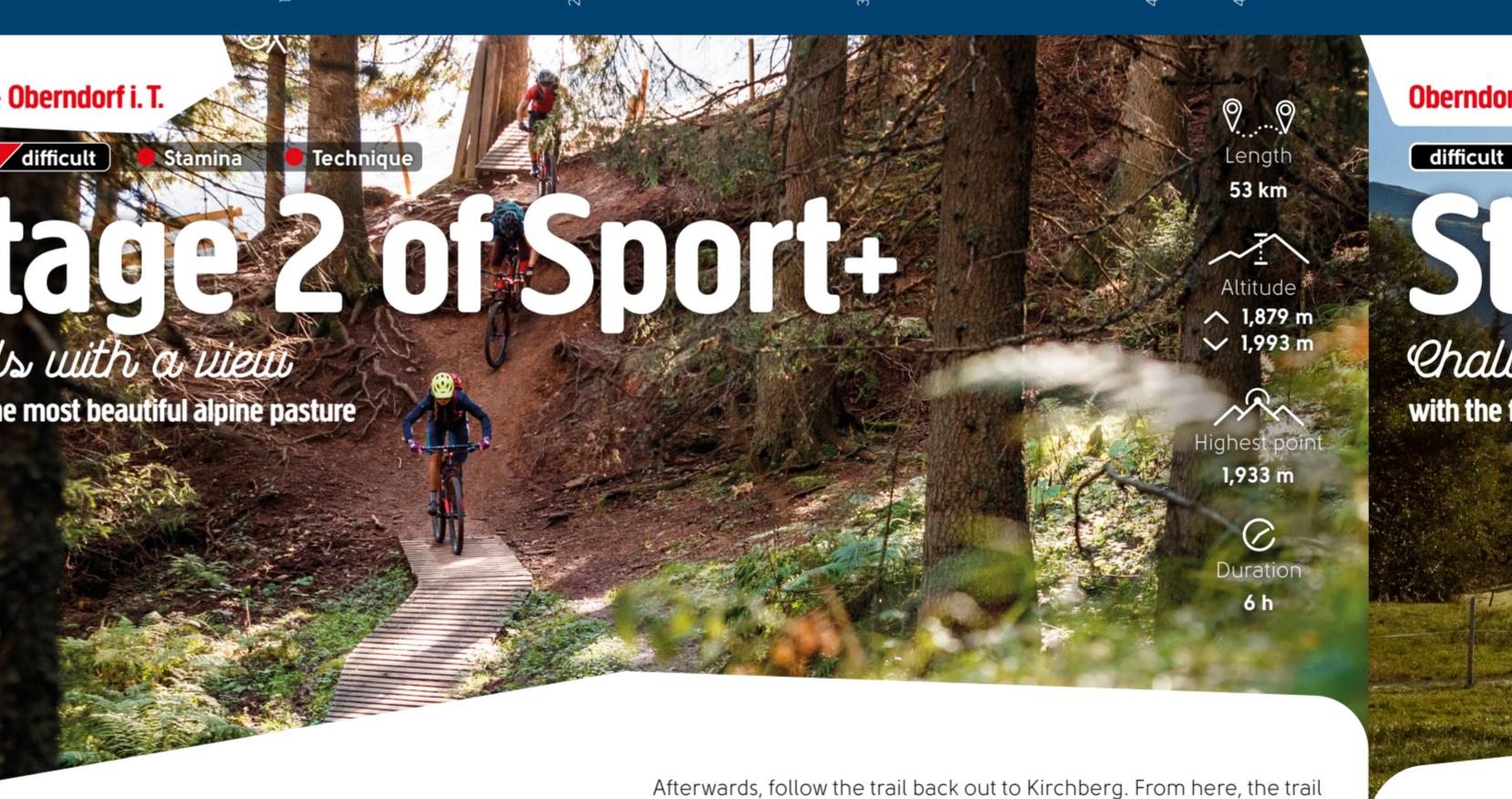
The E-njoy multi-day bike tour is split into 3 stages and is intended for leisure cyclists and E-mountain bikers. The route leads from Mariastein or Angerberg via Hopfgarten to the picturesque Windautal valley. The route continues through the Brixental Valley villages Westendorf, Brixen im Thale and Kirchdorf to Oberndorf in Tirol.

The last stage leads via St. Johann in Tirol to Kirchdorf in Tirol and via St. Ulrich am Pillersee to the tour destination in Fieberbrunn.



Hopfgarten > Brixen  
middle • Stamina • Technique  
**Stage 1 of Sport+**

Discover treasures at the most beautiful places in Tirol



Brixen > Oberndorf i.T.  
middle • difficult • Stamina • Technique  
**Stage 2 of Sport+**

Trails with a view along the most beautiful alpine pasture



Oberndorf i.T. > Fieberbrunn  
difficult • Stamina • Technique  
**Stage 3 of Sport+**

The second KAT Bike Sport+ stage leads on the trail of the KitzAlpBike:

Afterwards, follow the trail back out to Kirchdorf. From here, the trail becomes steeper and you will find some short ramps to master. Lift facilities signify the quick end of the ascent. From the Krumalaun, the path heads uphill to the right towards Penzgstein (1938 m), the highest point of the KAT Bike Sport+ tour. From Penzgstein, the path gradually descends via the gravel path, before the last uphill climb to the Ehrenbachhöhe (2220 m).

You continue past the Stengalm towards the Harschbichl towards the mid-station, to the Römerweg towards Kitzbühel, before on a single asphalt track, past farms and colorful houses. Here you quickly gain height. A look into the valley and again, the branches reveal a little piece of the panoramic view.

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From here the Speckbacherstraße leads directly through the center of the village, built in the 16th century. A visit is worthwhile for all art lovers, as the church impresses with its magnificent interior and ornate ceiling paintings. At the end of the pedestrian zone turn left onto route 18 Kalksteintrappe and follow this along the Großeache car park to the main road. Alternatively, you can also take the mountain road (222) downhill via the Einsiedelei hermitage, past the Hahnenkamm/Schwärzle station, into the town of Kitzbühel and on towards the Schwärzle lake. Here, the route joins option 1, coming from Kitzbühel.

Option 2: Before, turn right onto the easier Hahnenkamm Trail (S0 - 20 km). From here, follow the trail through the valley. Alternatively, you can also take the mountain road (222) downhill via the Einsiedelei hermitage, past the Hahnenkamm/Schwärzle station, into the town of Kitzbühel and on towards the Schwärzle lake. Here, the route joins option 1, coming from Kitzbühel.

A new nature experience opens up before two visitors: the new adventure shows the power of nature and living harmony. Cosy resting places along the way invite to linger and informative boards explain the innovative flood protection project. In Erpfendorf, the historic Clemens Holzmeister Church and the refreshing Kneipp facility are tempting. Continuing along cycle route 18, finally reach Waidering. Through the center of Waidering, the bell tower of the Clocktower and the right onto the L2 Pillerseestraße in the direction of St. Ulrich am Pillersee. After about one kilometer, the route branches off to the right into the cool Weißbachschlucht gorge. Passing rest areas and the Kneipp facility, you reach the Rechensau Chapel. From here, the route descends to the pilgrimage church of St. Adalbert. Here you cross the L2 Pillerseestraße and follow cycle route no. 18 again. Past the refreshing Pillersee lake and along the Griesbach stream, turn onto cycle route no. 18, direction of Hochfügen.

The route continues along the Weißbachschlucht, a worty section with many turns and sharp bends, past the Kneipp facility, you go through the Herrensaar to Hochfügen, where you go through the railway cutaway to Herrensaar to the parish church. Now follow the B146 Höchkarngubbedestrabe towards Fieberbrunn for around 1.5 kilometers. In the district of Feistauern you leave this, follow the Eiserne-Hand-Straße to the seedy narrow pass. Now head into the valley and follow the road through the last signpost ascent to the alpine hut "Hochkarngubbedeichhütte". Once you arrive at the alpine hut, turn right along the Jägerweg forest path past the fallow deer enclosure at the Wildgärtner to the middle station of the Streuboden cable car.

Now all action-seekers have the opportunity to take one of the three bike trails in difficulty levels between blue and red into the valley. If you want to take it a little easier, stay on the forest path and ride downhill to the valley station of the Fieberbrunn cable cars. descend again along the mountain railway car park to the main road.

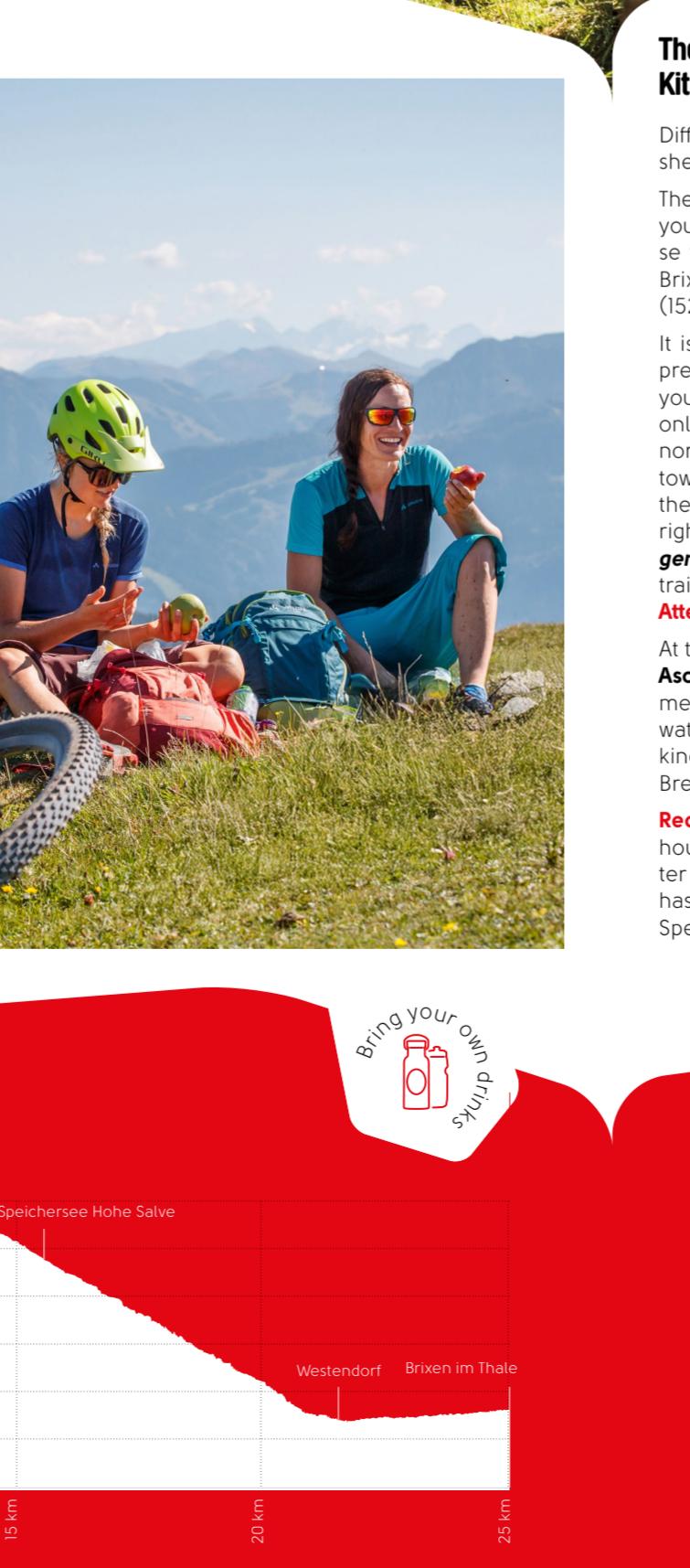
Here you turn right again into the Walchau district, where you take the subway under the main road and cycle the last few meters along the Fieberbrunner Ache into the village center to the stage finish.

Great, you have completed the three stages and have reached your destination!



Stage 1: From Hopfgarten up to the Kleine Salve to Brixen im Thale  
middle • Stamina • Technique

Discover treasures at the most beautiful places in Tirol



The last stage of the KAT Bike Sport+ gets very diverse!

Water bottles filled, bike checked, and meal bar for between meals. After about one kilometer, the route branches off to the right into the cool Weißbachschlucht gorge. Passing rest areas and the Kneipp facility, you reach the Rechensau Chapel. From here, the route descends to the pilgrimage church of St. Adalbert. Here you cross the L2 Pillerseestraße and follow cycle route no. 18 again. Past the refreshing Pillersee lake and along the Griesbach stream, turn onto cycle route no. 18, direction of Hochfügen.

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# Your Rucksack

... the real trail companion.



### Main compartment:

- Hydration bladder, if necessary
- Change of cloths
- Lightweight jacket
- Wind and rain protection

### Outer pocket:

- Fully-charged mobile phone (emergency numbers: Alpine emergency 140, European emergency number 112)
- Water bottle, if necessary
- GPX track on the bike computer, if necessary

### Organiser-/Tool tray:

- Airpump
- Spare inner tube / repair kit
- Multi-tool
- First Aid Box
- Sports and Sunglasses
- Sun cream
- Cash
- Muesli bar

# Beyond Biking.

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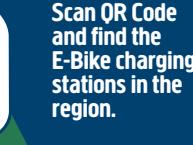
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# Kitzbüheler Alpen

[www.kat-bike.uk](http://www.kat-bike.uk)

