

Where the (hiker's) heart sings:

Holidays in the Region Hohe Salve

Of scenic, picture-perfect alpine pastures and summit tours, culinary delicacies and hidden gems.–

Gentle trails, secluded paths and meaty summit tours: In the Region Hohe Salve, holidaymakers' (hiking) hearts sing. The unspoiled alpine pastures and mountain landscapes, the culinary treats along the way and extraordinary destinations make for unforgettable impressions. The Hohe Salve (1,829 m), the most scenic panoramic mountain in the Kitzbühel Alps, offers a multitude of hikes of various levels of difficulty. Those who prefer a more leisurely approach can take the gondola uphill and go for a walk and enjoy the panorama without much effort. The Hohe Salve is part of the SkiWelt Wilder Kaiser – Brixental with its 700 km of signposted hiking trails, 50 lodges and inns. In contrast, Kelchsau is considered an insider tip – an enchanted side valley in which time seems to stand still. The famous pilgrimage site Mariastein and many more attractions are further highlights.

The summit: Lake-hike up to Hohe Salve

Not only the destination is extraordinary, but so is the way there: The lake-hike up to Hohe Salve, apart from water and far-reaching views, has many a surprise in store along the way. Those who want to make a relaxed start set off in Hopfgarten with the gondola and ride up to the intermediate terminus (1,182 m). Maybe a quick refreshment in Berggasthof Tenn Mountain Inn before setting off in earnest? With some luck you'll be served by Christoph Wahrstötter, the famous Skicross-World Cup skier. He is the son of the landlords and helps his parents out during summer. The first stop on the hike is Hohe Salve reservoir, which you'll reach in 45 minutes along a forest road. Children are delighted by the water games, adults by the panorama with the snow-covered peaks of the Hohe Tauern on the horizon. Then it gets steeper. The next gem beckoning is Salvensee and soon the white bellfry of Salvenkirchlein Church comes into sight. The house of worship, the highest-located pilgrimage church in Austria at 1,829 metres, can be reached in a total of 2.5 hours walking time. Well worth taking a look at – before heading for the summit restaurant next door. The "Umadum Stub'n" and the revolving terrace provide 360-degree panoramic views for free to go with your snack. You don't even need to move your head. And then it's just a few steps to the upper terminus to make your way back down back into the valley again in comfort. The lake-hike is one of many hiking options opening up around Tirol's most scenic panoramic mountain.

The hidden natural gem: Hiking Paradise Kelchsau

Alpine cabins, cows, rushing streams: There is hardly any other place in the Kitzbühel Alps that is more secluded and pristine than Kelchsau. In this hidden side valley hikers can leave the everyday hustle and bustle behind along fabulous trails. One of the most scenic tours leads across the Wildalmen to [Schafsiedel](#) standing proud at 2,447 metres high. The ideal starting point is Gasthof Wegscheid Inn (1,144 m). The route leads along a mountain stream at first through coniferous forest to New Bamberg Hut (1,756 m). After a quick pit stop continue through the wide, open landscape to Rosswildalm and to Lower Wildalm Lake. Those who like can jump into the cool waters, before the climb up the terraces to Upper Wildalm Lake sap your energy. The panoramic view with the Hohe Tauern in the background is also breathtaking. From here, it's just a few minutes up to the summit of Schafsiedel – and the 7.6 km with 1,300 m difference in altitude are completed. On the way back at the latest you've truly deserved the full range of Tyrolean treats in the New Bamberg Hut. Why not

stay here overnight and set off on a new dream tour the next day? For those who prefer taking it much easier, the [Niederkaser Alpine cheese dairy](#) is the perfect destination. From Zwieselbrücke toll station the path winds its way gently uphill through Kurzer Grund and past a reservoir up to where 90 cows are at home. They supply the raw material for tasty unpasteurized cheese, which matures here according to passed down recipes and old traditions. How about an alpine breakfast? There is home-made butter, farmer's cheese and yoghurt, freshly baked bread from the wood-fired oven, and of course also bacon and jam. Those who are interested in the art of cheesemaking can join a guided tour.

The jewel: Pilgrimage Church Mariastein

A couple of farmhouses and cows – that's pretty much all there is in the smallest village in the Region Hohe Salve. And, of course, taverns with tradition. Because on a rock in Mariastein towers one of the most famous pilgrimage sites in Austria. First there was a castle, which then became a church and since the late Middle Ages a pilgrimage site. Particularly worth seeing: the picture of the Virgin Mary with miraculous powers from the mid-15th century. Mariastein is considered a true power place, which pilgrims already discovered centuries ago on the Way of St. James. The chapel in the 42-metre-high tower can be reached along 150 steps. The former Hall of Knights is now a Castle Museum. The most important exhibits are the former Tyrolean state regalia, the archducal hat and the sceptre, which count among the state's most precious treasures and were once donated by local ruler Maximilian III. Right beside: Sacral items from gold and silver, clothing, swords and other everyday items used by the nobility in times past. And, of course, pilgrimage panels. The most scenic route to [Mariastein pilgrimage](#) church is a relaxing one: From Angerberg through the wide, gently rising plain the walk takes about one hour through the wide, secluded landscape with its forested hills and lush, green meadows, where everything still seems to be right with the world. But you can also get there by car.

Splendid views indeed: Hiking along the KAT Walk

Hiking further to discover new things. Not only the landscape, but also the people here. And maybe even yourself a little bit. That is the Kitzbühel Alps Trail, KAT Walk in short – a scenic long-distance hiking trail through the Kitzbühel Alps. The Alpine-variant leads in six stages through the untouched side of the popular holiday region and runs from Hopfgarten via Kelchsau, Windautal Valley to Aschau, continuing to Kitzbühel and St. Johann in Tirol all the way to the finish at St. Ulrich am Pillersee. 160 kilometres and 6,350 metres difference in altitude with ever-changing views and insights. Those who like to take it more easy, choose the beginner's or connoisseur's option with three stages each. Since summer 2021, the [KAT Walk](#) also has a family option available – with highlights along the way to boost motivation. Thanks to the low-priced all-round carefree package with luggage transport, hikers can focus fully on themselves and their impressions.

Time out for the car

The Kitzbühel Alps are pioneers in matters of mobility. The four regions Hohe Salve, Brixental, St. Johann in Tirol and Pillerseetal have set new standards together with their mobility concept. Thus, the Kitzbüheler Alpen Card (guest card) automatically also serves as a train and urban railway ticket for the local transport with frequent departures. On the 66 km route between Wörgl and Hochfilzen with its 18 stations, some 60 regional and urban trains run daily. Those who check in electronically before setting off on their holiday, enjoy free transport already when making their way here from Wörgl. Also included are the Regio and City buses of the region Hohe Salve – and that not only in the near vicinity, but all the way across to Kitzbühel. All guests get the guest card directly at their accommodation.

Summer activity program

From a yoga-session on the Kleine Salve to an adventurous donkey ride all the way to a day on the farm for the whole family. The region's summer activity program beckons daily with multifaceted options. Register online at www.hohe-salve.com or in the info offices of the Region Hohe Salve.

Region Hohe Salve

The Region Hohe Salve combines town and country. Wörgl with 14,000 inhabitants, shopping facilities, restaurants and cafés is considered the gateway to the Kitzbühel Alps. The villages of Hopfgarten, Itter, Kelchsau, Angath, Angerberg, Mariastein and Kirchbichl each have their own charm - with village structures and a lot of romance in intact nature, beautiful inns and churches.

More information:

Tourismusverband Region Hohe Salve, Innsbrucker Straße 1, 6300 Wörgl,
T: +43 57507 7000, info@hohe-salve.com, www.hohe-salve.com