

A new destination beckons every day: The Region Hohe Salve fascinates bikers, cyclists and connoisseurs

800 kilometres of routes through picture-perfect landscapes, perfect infrastructure, culinary highlights along the way – what more do you need for holiday bliss?

The Region Hohe Salve has been setting superlatives for years: The first e-roadbike-region in the world, and together with the neighbouring Kaiser Mountains the largest e-bike-region, impresses with perfect infrastructure. From bike-transport with mountain cableways, train and bus to cycling-friendly accommodation, exemplary signposting and routing all the way to guided tours, training options and test-centres, modern service-, rental- and battery-replacement stations as well as top-events for whizzes. All this in the picture-perfect scenery of the Kitzbühel Alps, from which the Hohe Salve (1,829 m) stands out. Be it road bike routes, gentle paths for bicycle touring or meaty trails: The choice is huge and every route is its own reward. Because in the Region Hohe Salve it was passionate experts who established the network with heart and mind. Out and about: Lodges and inns with excellent cooking time and again. A route network spanning more than 800 kilometres leads past river courses and up to summits, long-distance cycle paths not included. Whether to set off with or without electric engine is left for everyone to decide for themselves.

Leisure cycling

Even if the Region Hohe Salve is among Austria's best-known cycling destinations: It doesn't always have to be a hard mountain tour. Because the landscape is wide, enchanted with gentle side valleys and true insider tips. How about the Salven bike circuit (53.1 kilometres, 676 metres difference in altitude)? It leads around Hohe Salve, the most scenic panoramic mountain in the Kitzbühel Alps. The start and finish is the village square in Itter. Moderate climbs and lots of inns, the perfect family outing. Also especially appealing is Kelchsau, one of the enchanted valleys accessible from Hopfgarten. The valley branches out once more at the end: Through Langer Grund the way leads to Tiefentalalm. This 500-year-old restaurant is one of the oldest still preserved in Tirol and serves up traditional treats. The way through Kurzer Grund leads to Niederkaseralm: Stop off, relax, watch the cheesemaking and, of course, taste some.

Mountainbiking

Then bicycle up to the mountain and the inns – in the Region Hohe Salve this comes as naturally as going for a walk elsewhere. You can do it almost anywhere. Forest roads, steep paths, trails – the infrastructure is perfect, the choice huge. Those who tackle the Hohe Salve can save their energy on the first section and relax by taking the gondola from Hopfgarten up to the intermediate terminus. **Tip:** Via Salvensee and Filzalmsee Lakes back down to Elmau and via Söll and Itter back to Hopfgarten (43 kilometres distance, 950 metres difference in altitude). Maybe to Haagalm next day? Past Hopfgarten swimming lake head for Kelchsau up to the idyllic destination and across Penningberg sunny plateau back to the starting point again. The tour (25.7 kilometres, 938 metres difference in altitude) is technically challenging, but rewards with wonderful views.

Road racing

The wide network of roads and trails winding through the varied landscape with its gentle grassy hills, wild streams and pretty villages, offers optimal conditions for road cyclists. Tailwind is available as required: Because the Region has been established as the world's first e-roadbike-region since 2013. In the test-centres in Wörgl and in Angerberg, e-roadbikes of the **vivax drive brand** are available for rent – for optimal training as well as to offer support during steeper climbs. Those who

cycle through the wide valley landscapes while enjoying the view of the summits of the Kitzbühel Alps, have chosen the gentler variant anyway. A classic is the Reintaler-Lake-Circuit. It leads from Wörgl past Angath and the famous pilgrimage site of Mariastein (well worth a stop) via the Reintaler Lakes to Rattenberg and back again: 50.4 kilometres, 452 metres difference in altitude, can easily be completed in 3 hours. A more challenging tour is the one around Wilder Kaiser, the locals' favourite mountain (92.7 kilometres, 593 metres difference in altitude). Or how about the Gerlos Circuit (174.8 km, 2,303 m difference in altitude)? Your effort will be rewarded with extraordinary views of the glaciers of the Zillertal Alps and Hohe Tauern.

Along the Inn at leisure

520 kilometres route and only 1,500 metres difference in altitude: The Inn Cycle Path, which leads along the river from its source in Engadin to its mouth in Passau, is the ideal choice for families and connoisseurs. Those who just want to sample one stage at first, can follow the signs from Wörgl via Kirchbichl to Kufstein. Or in the other direction to Strass im Zillertal.

On the KAT Bike through the Kitzbühel Alps

Just pedal off and let the beautiful scenery beguile you: That's the concept of the [KAT Bike](#), which leads from Hopfgarten all the way over to Pillerseetal straight through the Kitzbühel Alps. In 3 days, with up to 170 kilometres route and 6,000 metres difference in altitude in the wild variant across the summits. But there are also gentler options, which can be chosen spontaneously and according to your form on the day. Minor matters such as hotels, luggage and dinner will be taken care of by others. Various all-round carefree packages are available to choose from.

EldoRADO Bike Festival

On 20th & 21st of May, peaceful Angerberg is transformed into a "Mountain-Mekka" for the fourth time: Bikers and trail runners line up for the start and compete in various categories. Those who compete in both disciplines and choose the toughest tour in each, compete for the title of top athlete in the combined category. 33 kilometres and 900 metres difference in altitude on the mountainbike programme.

Region Hohe Salve

The Region Hohe Salve links the town and countryside. Wörgl with 14,000 inhabitants, shopping facilities, restaurants and cafés is considered the gateway of the Kitzbühel Alps. The towns of Hopfgarten, Itter, Kelchsau, Angath, Angerberg, Mariastein and Kirchbichl each have their own charm – with rural structures and lots of romanticism in unspoiled nature, beautiful taverns and churches.

Summer activity program

From a yoga-session on the Kleine Salve to an adventurous donkey ride all the way to a day on the farm for the whole family. The region's summer activity program beckons daily with multifaceted options. Register online at www.hohe-salve.com or in the info offices of the Region Hohe Salve.

Getting around

The Kitzbühel Alps are pioneers in matters of mobility. The four regions Hohe Salve, Brixental, St. Johann in Tirol and Pillerseetal have set new standards together with their mobility concept. Thus, the Kitzbüheler Alpen Card (guest card) automatically also serves as a train and urban railway ticket for the local transport with frequent departures. On the 66 km route between Wörgl and Hochfilzen with its 18 stations, some 60 regional and urban trains run daily. Those who check in electronically before setting off on their holiday, enjoy free transport already when making their way here from Wörgl. Also

included are the Regio and City buses of the region Hohe Salve – and that not only in the near vicinity, but all the way across to Kitzbühel. All guests get the guest card directly at their accomodation.

More information:

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